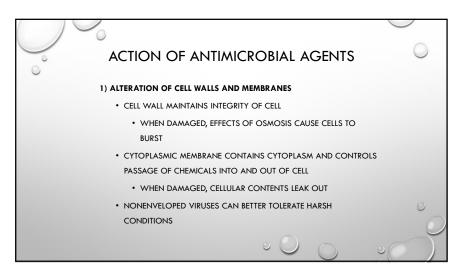
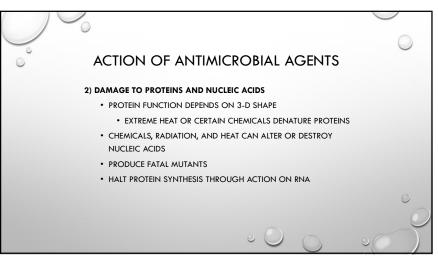
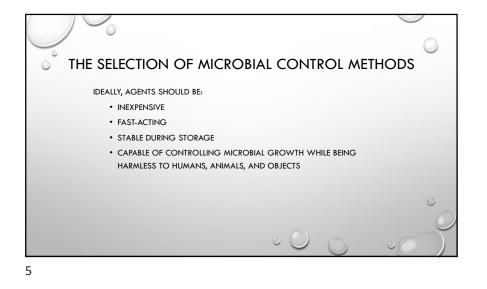
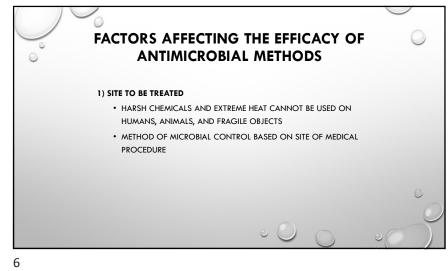


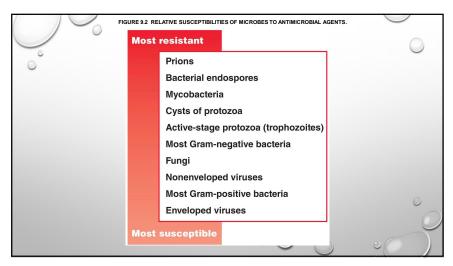
TABLE <b>9.1</b>	Terminology of Microbial Control				
Term	Definition	Examples	Comments		
Antisepsis	Reduction in the number of micro- organisms and viruses, particularly potential pathogens, on living tissue	lodine; alcohol	Antiseptics are frequently disinfectants whose strength has been reduced to make them safe for living tissues.		
Aseptic	Refers to an environment or procedure free of pathogenic contaminants	Preparation of surgical field; hand washing; flame sterilization of labora- tory equipment	Scientists, laboratory technicians, and health care workers routinely follow standardized aseptic techniques.		
-cide -cidal	Suffixes indicating destruction of a type of microbe	Bactericide; fungicide; germicide; virucide	Germicides include ethylene oxide, propylene oxide, and aldehydes.		
Degerming	Removal of microbes by mechanical means	Hand washing; alcohol swabbing at site of injection	Chemicals play a secondary role to the mechanical removal of microbes.		
Disinfection	Destruction of most microorganisms and viruses on nonliving tissue	Phenolics; alcohols; aldehydes; soaps	The term is used primarily in relation to pathogens.		
Pasteurization	Use of heat to destroy pathogens and reduce the number of spoilage micro- organisms in foods and beverages	Pasteurized milk and fruit juices	Heat treatment is brief to minimize alteration of taste and nutrients; microbes still remain and eventually cause spoilage.		
Sanitization	Removal of pathogens from objects to meet public health standards	Washing tableware in scalding water in restaurants	Standards of sanitization vary among governmental jurisdictions.		
-stasis -static	Suffixes indicating inhibition but not com- plete destruction of a type of microbe	Bacteriostatic; fungistatic; virustatic	Germistatic agents include some chemicals, refrigeration, and freezing.		
Sterilization	Destruction of all microorganisms and viruses in or on an object	Preparation of microbiological culture media and canned food	Typically achieved by steam under pressure, incineration, or ethylene oxide gas.		

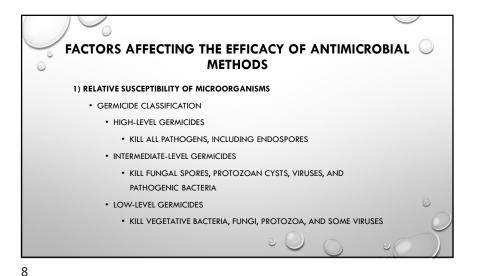


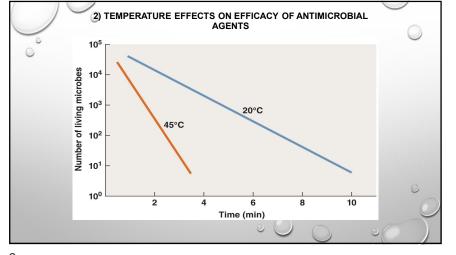


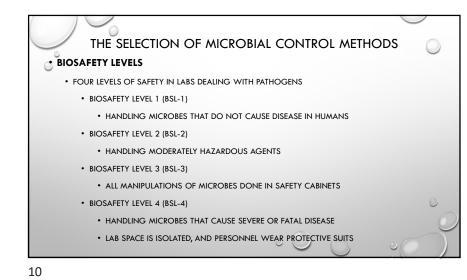






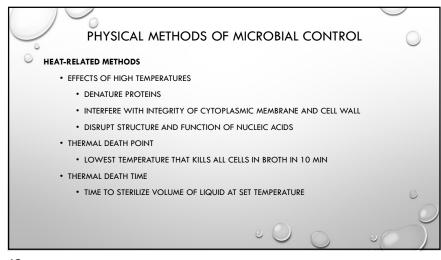


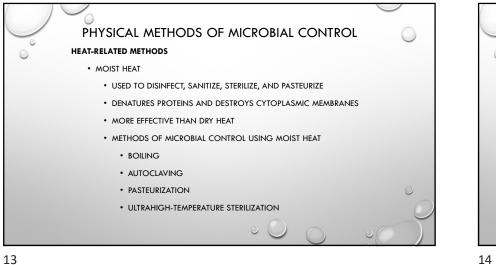


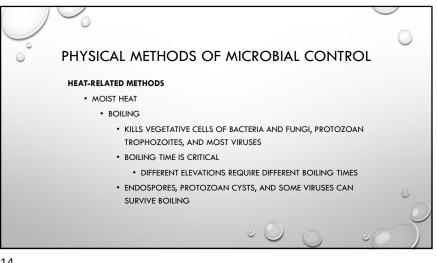




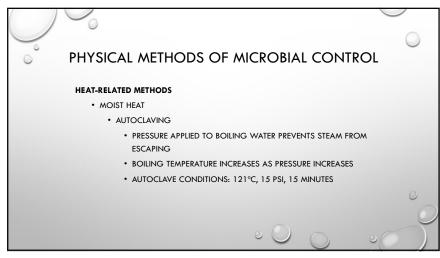


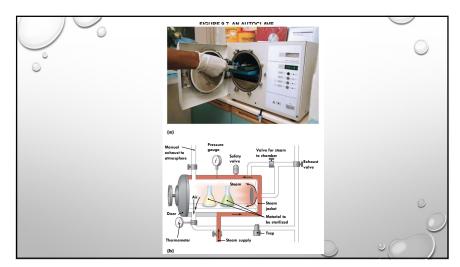


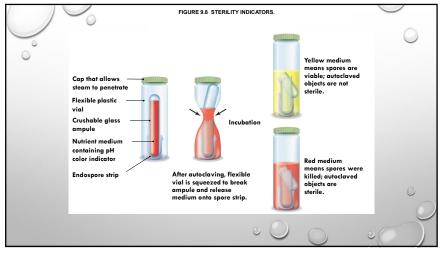


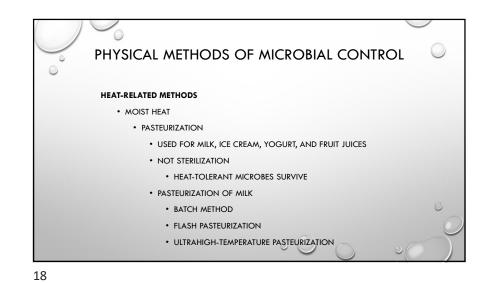












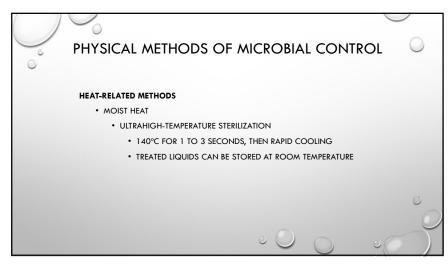
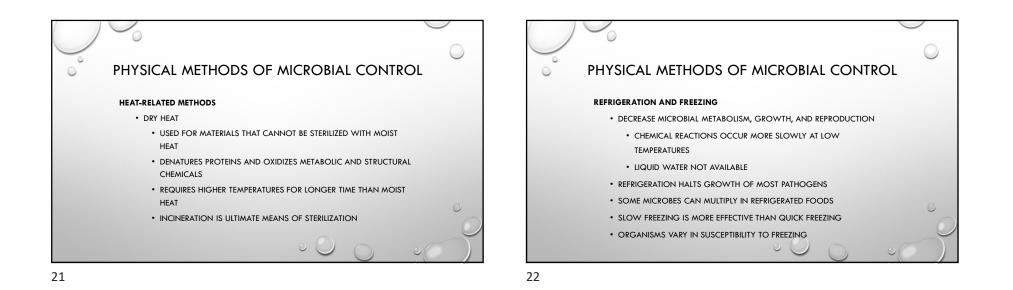
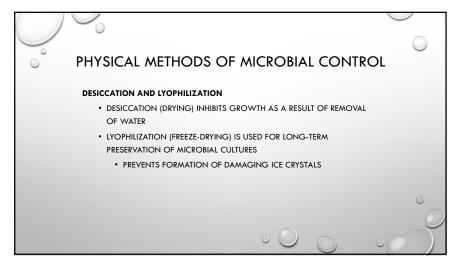
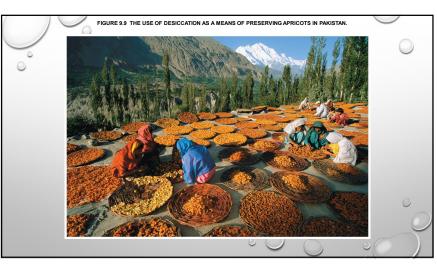
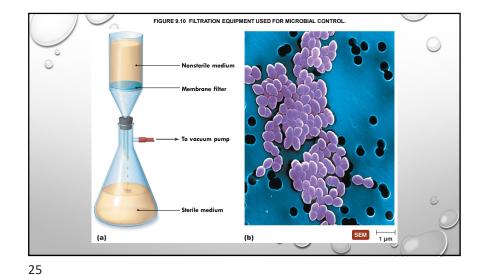


TABLE <b>9.2</b> Moist Heat Treatments of Milk		
Process	Treatment	
Historical (batch) pasteurization	63°C for 30 minutes	
Flash pasteurization	72°C for 15 seconds	
Ultra-high-temperature pasteurization	135°C for 1 second	
Ultra-high-temperature sterilization	140°C for 1–3 seconds	
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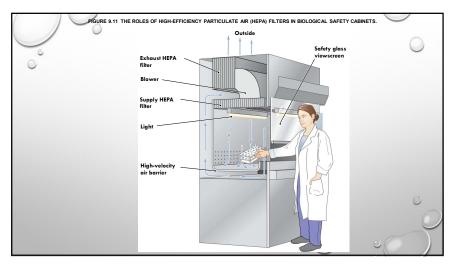


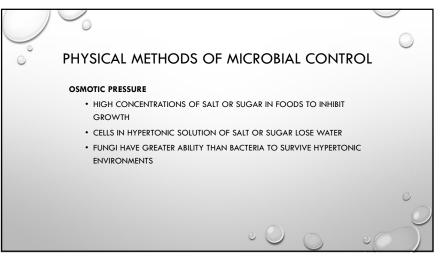


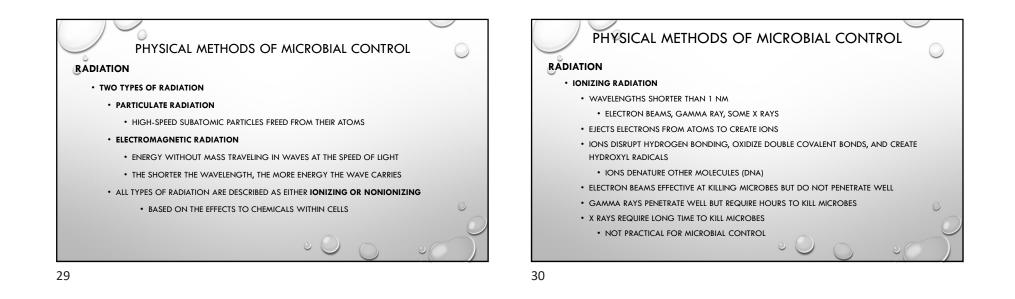




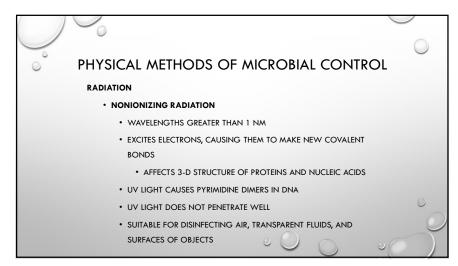
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TABLE <b>9.3</b>	Membrane Filters
Pore Size (µm)	Smallest Microbes That Are Trapped
5	Multicellular algae, animals, and fungi
3	Yeasts and larger unicellular algae
1.2	Protozoa and small unicellular algae
0.45	Largest bacteria
0.22	Largest viruses and most bacteria
0.025	Larger viruses and pliable bacteria (mycoplasmas, rickettsias, chlamydias, and some spirochetes)
0.01	Smallest viruses
	• O _



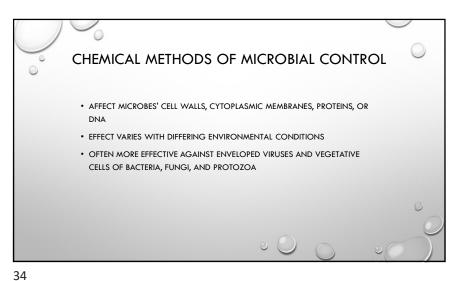


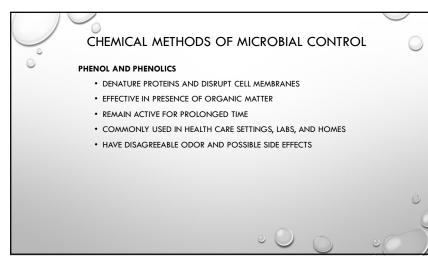


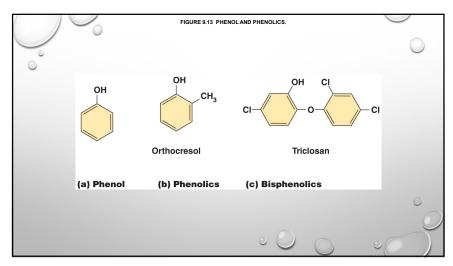


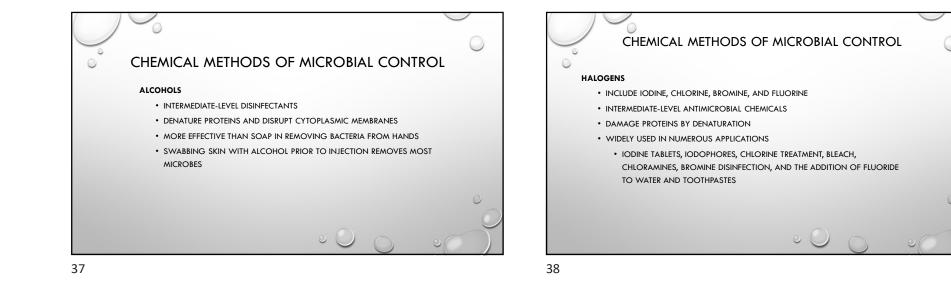


Method	Conditions	Action	Representative Use(s)
Moist heat			
Boiling	10 min at 100°C	Denatures proteins and destroys membranes	Disinfection of baby bottles and sanitization of restaurant cookware and tableware
Autoclaving (pressure cooking)	15 min at 121°C	Denatures proteins and destroys membranes	Autoclave: sterilization of medical and laboratory supplies that can tolerate heat and moisture; pressure cooker: sterilization of canned food
Pasteurization	15 sec at 72°C	Denatures proteins and destroys membranes	Destruction of all pathogens and most spoilage microbes in dairy products, fruit juices, beer, and wine
Ultra-high-temperature sterilization	1–3 sec at 140°C	Denatures proteins and destroys membranes	Sterilization of dairy products
Dry heat			
Hot air	2 h at 160°C or 1 h at 171°C	Denatures proteins, destroys membranes, oxidizes meta- bolic compounds	Sterilization of water-sensitive materials, such as powders, oils, and metals
Incineration	1 sec at more than 1000°C	Oxidizes everything completely	Sterilization of inoculating loops, flammable contami- nated medical waste, and diseased carcasses
Refrigeration	0-7°C	Inhibits metabolism	Preservation of food
Freezing	0°C	Inhibits metabolism	Long-term preservation of foods, drugs, and cultures
Desiccation (drying)	Varies with amount of water to be removed	Inhibits metabolism	Preservation of food
Lyophilization (freeze drying)	-196°C for a few minutes while drying	Inhibits metabolism	Long-term storage of bacterial cultures
Filtration	Filter retains microbes	Physically separates microbes from air and liquids	Sterilization of air and heat-sensitive ophthalmic and enzymatic solutions, vaccines, and antibiotics
Osmotic Pressure	Exposure to hypertonic solutions	Inhibits metabolism	Preservation of food
lonizing radiation (electron beams, gamma rays, X rays)	Seconds to hours of exposure (depending on wavelength of radiation)	Destroys DNA	Sterilization of medical and laboratory equipment and preservation of food
Nonionizing radiation (ultraviolet light)	Irradiation with 260-nm-wavelength radiation	Formation of thymine dimers inhibits DNA transcription and replication	Disinfection and sterilization of surfaces and of transparent fluids and gases

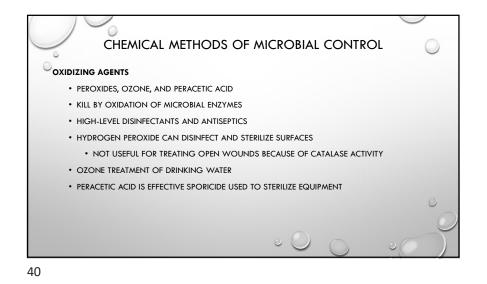


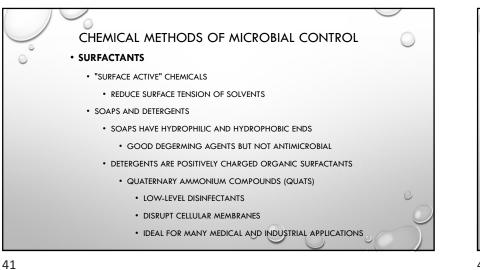


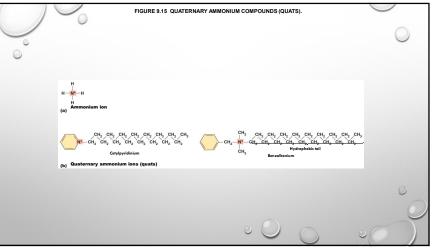


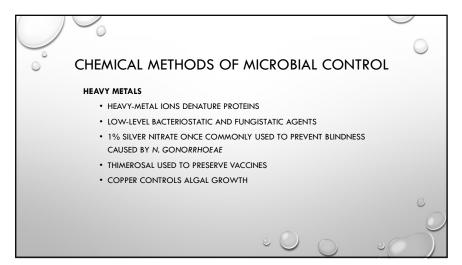


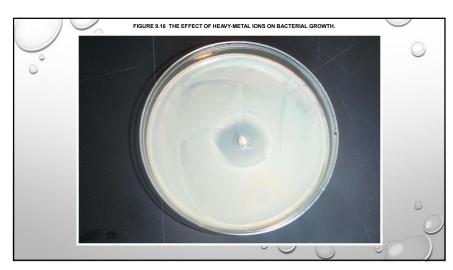


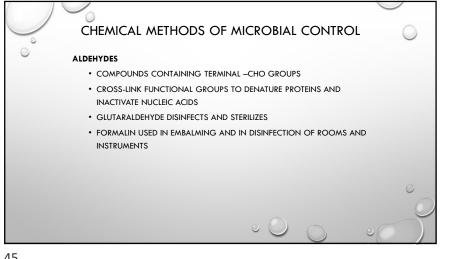


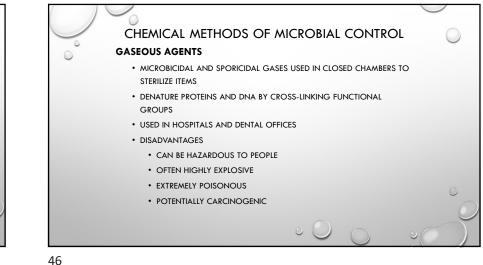




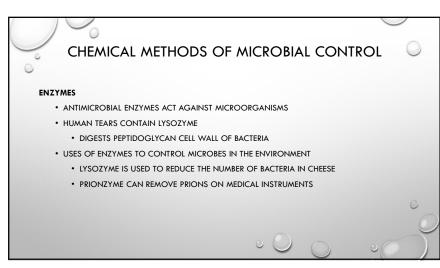


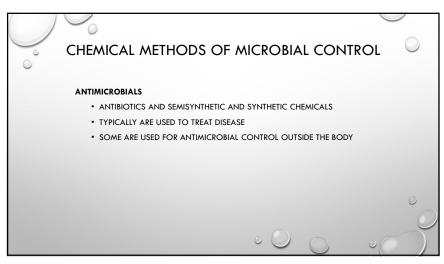












Method	Action(s)	Level of Activity	Some Uses
Phenol (carbolic acid)	Denatures proteins and disrupts cell membranes	Intermediate to low	Original surgical antiseptic; now replaced by less odorous and injurious phenolics
Phenolics (chemically altered phenol; bisphenols are composed of a pair of linked phenolics)	Denature proteins and disrupt cell membranes	Intermediate to low	Disinfectants and antiseptics
Alcohols	Denature proteins and disrupt cell membranes	Intermediate	Disinfectants, antiseptics, and as a solvent in tinctures
Halogens (iodine, chlorine, bromine, and fluorine)	Presumably denature proteins	Intermediate	Disinfectants, antiseptics, and water purification
Oxidizing agents (peroxides, ozone, and peracetic acid)	Denature proteins by oxidation	High	Disinfectants, antiseptics for deep wounds, water purification, and sterilization of food-processing and medical equipment
Surfactants (soaps and detergents)	Decrease surface tension of water and disrupt cell membranes	Low	Soaps: degerming; detergents: antiseptic
Heavy metals (arsenic, zinc, mercury, silver, copper, etc.)	Denature proteins	Low	Fungistats in paints; silver nitrate cream: surgical dress ings, burn creams, and catheters; copper: algicide in water reservoirs, swimming pools, and aquariums
Aldehydes (glutaraldehyde and formaldehyde)	Denature proteins	High	Disinfectant and embalming fluid
Gaseous agents (ethylene oxide, propylene oxide, and beta-propiolactone)	Denature proteins	High	Sterilization of heat- and water-sensitive objects
Enzymes	Denature proteins	High against target substrate	Removal of prions on medical instruments
Antimicrobials (antibiotics, semisynthetics, and synthetics)	Act against cell walls, cell mem- branes, protein synthesis, and DNA transcription and replication	Intermediate to low	Disinfectants and treatment of infectious diseases

